



Sunday, March 29th, 2026



Canadian Shiai Karate Association

North York Open Tournament

<https://yorkcentrekarate.com/nyot/>

LA LIGA SPORTS COMPLEX

Fields 1 and 2

1107 Finch Ave W, North York, ON M3J 2P7

**RECREATIONAL (Novice, Intermediate and Advanced)
and HIGH PERFORMANCE
Boys and Girls (4 - 17 years), Men and Women (18+)
Kata and Kumite**

**THIS CONTEST IS SANCTIONED
BY AN ORGANIZATION
OFFICIALLY RECOGNIZED BY
THE PROVINCE OF ONTARIO**

CANADIAN SHIAI KARATE ASSOCIATION

647-963-1290

CSHKARATE@GMAIL.COM

Participation Fee

Recreational: \$65/person (incl. one Kata and one Kumite category)
High Performance: \$80 per category, HP and Recreational Mixed: 80 CAD (includes one High Performance category and one Recreational category)
NOTE: we cannot guarantee time gap between HP and Rec. Categories

Registration Deadline – Wednesday, March 25, 2026

North York Open Tournament

Sunday, March 29th, 2026



Canadian Shuai
Karate Association

Start of the tournament at 7.45 am.

Session will start at the time declared for respective category (first category will start at 8.00 am).

At: La Liga Sports Complex
1107 Finch Ave W, North York, ON M3J 2P7 (about 650 meters west from Dufferin & Finch intersection)

This document is an official North York Open Tournament invitation.

North York Open Tournament is a Karate community Recreational and High-Performance event for all. This event has the intention to give opportunity for recreational and HP athletes to experience a high-quality competition experience without actual selection tournament pressure and stress. **North York Open Tournament is part of Amateur Karate Circuit (weareakc.com).**

North York Open Tournament will consist of following types of contests:

Individual Kata (forms),

Individual Kumite (sparring)

All Kata and Kumite categories (with some exceptions) will be divided by:

- **gender:** boys and girls, women, and men
- **age:** -5 (U6), -7 (U8), -9 (U10), -11 (U12), -13 (U14), -15 (U16), -17 (U18), 18+ (Seniors), 40+ (Masters)
- **levels:** **Recreational Novice** (white to orange belt or 10 to 7 kyu, 0 – 2 Years of practice), **Recreational Intermediate** (green to purple belt, 6 to 4 kyu, 2 - 4 Years of practice), **Recreational Advanced** (brown to black belts, 3 kyu and up, more than 4 Years of practice) and **HP** (High Performance, highest level of preparation and experience in respective category (minimum 3 years of practice for Kumite and 4 years of practice for Kata or ranked top 16 in province or state associations))
- exceptions apply please take a look at Important Note Below

IMPORTANT NOTE ABOUT CATEGORIES: We will try to accommodate all participants as much as we can. In event of less than 4 participants enrolled we will try to create combined categories there possible. In that process we will use for selection judging following criteria: age, level of competence and general common sense. In the event of such category modification, we will announce Dojo instructor as soon as possible. **To facilitate that process please submit all the applications on time.** Final categories, draws and if possible approximate timetable will be published on website <https://yorkcentrekarate.com/nyot/> and as a documents on SportData not later than **Thursday, March 26, 2026, 11.00 pm, last change in the draws can be made only by Friday, March 27, 2026, 10.00 pm (no changes can be made after that time or onsite).** **ADDITIONAL NOTE:** The participation in HP and Recreational division of the same type is not allowed, the only exception is if athletes participate in HP Kata division and want to participate in Advanced Kumite instead, or other way HP Kumite and Advance Kata, that can be allowed.

Types of Draws: In all Recreational Kumite categories we will use modified double elimination. In All HP Kumite Categories, we will use single elimination with repechage. In Kata divisions for

Recreational Kata Categories we will use modified double elimination with flags, for HP categories we will use special procedure with scoring boards described on page 6. In case if category will have enrolled more than 16 participants, we will divide respective category in 2 categories and will use following criteria: age, level of competence and general common sense. We can modify that due to time or other restraints and will inform all involved participants and coaches as soon as possible.

There will be 4 medals in each category with different colors: Gold for 1st place, Silver for 2nd place, two Bronze for 3rd and 4th places (except for the case when 4 or less persons are enrolled in category, in this case we might reduce number of medals by case). Each participant will obtain participation certificate.

Canadian Shiai Karate Association accepts application from any Karate club who embrace same philosophy. One of the additional scopes of that event is to allow kids to make friends from different clubs.

Event Fee:

Participation fee – Recreational Categories - \$65 CAD/person. Fee includes maximum one kata and one kumite category. **HP Categories - \$80 CAD/ division, HP and Recreational Mixed Categories: 80 CAD** (includes one High Performance category and one Recreational category additional to main type (Intermediate or Advanced only), i.e. 1 HP Kumite + 1 Recreational Kata or 1 HP Kata + 1 Recreational Kumite)

NOTE: we cannot guarantee a time gap between HP Categories and Recreational categories. No onsite registration is available for this event.

Spectators: Donation **\$5 CAD/person (cash)** for Youth/Adults (12+), kids 11 years old and younger – free.

Please arrive 30-40 minutes before your category starts to have a proper time to check out your registration, change attire and warm up.

Please note all fees are non-refundable.

Club's applications must be received with complete payment (Please make all payments to “Shindokan Canada”, preferred method of payment e-transfer to cshkarate@gmail.com) **NO LATER THAN Wednesday, March 25, 2026.**

NEW This YEAR 2026 Edition: ONLINE APPLICATION ONLY through **SPORTDATA**
[https://www.sportdata.org/karate/set-
online/veranstaltung_info_main.php?active_menu=calendar&vern=10128#a_eventhead](https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=10128#a_eventhead)
(please note you will have to submit separate application for each athlete, but pay for all of them at once to cshkarate@gmail.com).

REGISTRATION WILL START ON MONDAY, JANUARY 19, 2026.

PLEASE NOTE: we will not accept applications on site.

Payments only accepted by:

a) **Preferred method of payment (Interac e-Transfer):** Interac e-Transfer to the e-mail: **cshkarate@gmail.com** from your online web banking. Please make the transaction for all the club's athletes at once.

Other methods of payment: b) Money Orders, c) Certified Cheques, d) Cash by appointment,

For Cash payment in person (by appointment only):

Monday to Friday from 5 pm till 8 pm and Saturday from 9 am till 11 am at Shindokan Canada dojo: back of the plaza, 2 Allaura Blvd Unit #4, Aurora, ON L4G 3S5
<https://goo.gl/maps/oXVdfRxAAALghXRTV7>) or can be sent to:

Tournament Director

151 Meadow Vista Cres., Holland Landing, On, L9N 0T5

(e-mail: cshkarate@gmail.com) Phone: (647) 963-1290

Club coaches must be registered with organizers. Only officially registered club's coaches can initiate an appeal procedure and assist athletes during the bouts. You can register with us by sending your information along with picture by e-mail to cshkarate@gmail.com. *Note: We will accept one coach application per 5 athletes ratio, i.e. if you register up to 5 athletes you are entitled to one coach pass, if you registered from 6 to 10 athletes up to 2 coach passes, from 11 to 15 – 3 coach passes etc. If for some reason you need more coach passes than the one allowed by ratio, please contact us separately at cshkarate@gmail.com and please let us know the exact reason for that. If you have valid Karate Ontario coach pass for the club you represent, we will recognize such without additional registration.*

Athletes and Officials once you are participating in North York Open Tournament, you are giving the rights to Publish your Name, Pictures, and Videos online and in Media.

Photographers and other media: Parents are allowed to take pictures and video only for their kids; others must have explicit permission from Canadian Shiai Karate Association to do that.

Please ensure that all competitors' information and their names are printed correctly in appropriate forms.

Event Organizer

This is a community initiative created and organized by **Canadian Shiai Karate Association**.

Canadian Shiai Karate Association is officially registered as an incorporated, non-profit organization; main goal is to provide quality training in Sport of Karate. Canadian Shiai Karate Association is officially recognized by Karate Canada.



THIS CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO



Tournament is insured by



North York Open Tournament

Sunday, March 29th, 2026



**Canadian Shuai
Karate Association**

Start of the tournament at 7.45 am.

Session will start at the time declared for respective category (first category will start at 8.00 am).

At: La Liga Sports Complex

1107 Finch Ave W, North York, ON M3J 2P7 (about 650 meters west from Dufferin & Finch intersection)

IMPORTANT

Please Read “World Karate Federation Rules of Competition” (for differences explanations please see pages 4 and 5 below).

Please ensure that your athletes, officials, and parents are aware of the following:

1. Tournament Officially Starts at 7:45 am; first category starts at 8.00 am sharp and continues in conformity with timetable.

2. **The age** will be considered as on the date of event.

3. **Parents / guardians must sign/agree** for competitors in the signature space provided on the “Application form” paper form. The signature on those forms means that the signing person completely accepts all waiver’s terms written in the form. Same thing for respective check marks in online application form

4. **NOTE:** Forms must be filled out correctly, sent with all fees and received on time. Any forms and payments in the way to be accepted must be received by us no later than **Wednesday, March 25, 2026**.

5. **Event fees:** Participation fee – **Recreational** Categories - \$65 CAD/person. No onsite registration available for this event. Fee includes maximum one kata and one kumite category. **HP** Categories - \$80 CAD/ division, **HP and Recreational Mixed:** 80 CAD (includes one High Performance category and one Recreational category). **NOTE:** we cannot guarantee time gap between HP Category and Recreational Advance or Intermediate

Spectators: Donation \$5 CAD/person for Youth/Adults (12+), kids 11 years old and younger – free

Please note all fees are non-refundable.

Payments only accepted by:

a) **Preferred method of payment (Interac e-Transfer):**

Interac e-Transfer to the e-mail: cshkarate@gmail.com from your online web banking. Please make the transaction for all club’s athletes at once.

Other methods of payment: b) Money Orders, c) Certified Cheques, d) Cash by appointment, for Cash payment in person: Monday to Friday from 5 pm till 8 pm and Saturday from 9 am till 11 am at Shindokan Canada dojo: back of the plaza, 2 Allaura Blvd Unit #4, Aurora, ON L4G 3S5 <https://goo.gl/maps/oXVdfRxAALghXRTV7>

6. **Safety and other Equipment:**

High Performance Divisions:

All WKF requirements for equipment will be applied, including red and blue colors of equipment, belts, etc...

That includes Karate gloves, foot-shin pads, mouthguard, chest protector, groin protector (for male athletes), chest protector for female athletes, and helmet for U12 and U14 categories. As well as white Karate uniforms.

Recreational Categories:

Different uniform colors are allowed, Athlete can have at least one set of equipment by color, Rank belts cannot be used. In Kata and Kumite categories athletes must have red or blue belts.

Kumite: Glasses are not allowed in any Kumite division. However, if necessary, only properly fitted safety glasses with straps will be allowed. U6, U8, U10, U12 and U14 categories: Karate gloves, foot-shin pads, mouthguard, chest protector, groin protector (for male athletes), chest protector for female athletes, and helmet. U16+ categories: Karate gloves, foot-shin pads, mouthguard, chest protector, groin protector (for male athletes), and chest protector for female athletes (helmet allowed but not mandatory).

7. In HP Kumite categories athletes can be asked to be **weighted** on the side of the ring to determine if athlete fulfil weight requirements to current weight category

8. **Club coaches** must be registered with organizers (Shindokan Canada) and wear proper attire (tracksuit). Only officially registered club’s coaches can initiate an appeal procedure and assist athletes during the bout. You can register with us by sending your information by e-mail to cshkarate@gmail.com.

NOTE: We will accept one coach application per 5 athletes ratio, i.e. if you register up to 5 athletes you are entitled to one coach pass, if you registered from 6 to 10 athletes up to 2 coach passes, from 11 to 15 – 3 coach passes etc. If for some reason you need more coach passes than the one allowed by ratio, please contact us separately at cshkarate@gmail.com and please let us know the exact reason for that. If you have valid Karate Ontario coach pass for that particular club, we will recognize such without additional registration.

“We appreciate your cooperation in this regard”.



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IMPORTANT

Please Read "World Karate Federation Rules of Competition"

All the general rules (process wise) will be based on WKF adapted rules – Click here to download:

https://www.wkf.net/pdf/WKF_Kumite_Competition_Rules_2024.pdf

https://www.wkf.net/pdf/WKF_Kata_Competition_Rules_2024.pdf

<https://www.ontario.ca/document/amateur-combative-sport-rules-karate>

The main differences are:

1. Ring Controller's duties, if not available, are performed by one of the active judges (main tatami referee).

2. Appeal Jury will be formed from Chief Referee, Tournament Director and one additional judge not involved in incident. Please note that any appeal process can be initiated only by an officially registered coach wearing proper attire (tracksuit) and there is a deposit protest fee of 100 CAD applies which can be refunded back only if appeal is successful. Note: We accept video recording as supporting proof for appeal.

3. We might use matted square competition area, with sides of minimum six metres or more (measured from outside), with 20-40 cm safety zone, indicated with tape.

4. **FOR KATA (FORMS) AND KUMITE (SPARRING):** Three or five judges' system will be used accordingly to the number of available judges and tatamis (rings) in use;

THROWS ARE NOT ALLOWED EXCEPT CONVENTIONAL KARATE SWEEPS in 12-13, 14-15, 16-17, 18+ categories only, *except for Advanced, Masters and HP categories were WKF rules for respective category will be used.*

5. Duration of the Recreational Kumite bout will be 1,5 minutes stop time. Except for 4-5 and 6-7 where bout will be 1,5 - and 2-minutes running time, respectively. HP categories will be in accordance with WKF rules (stop time): U12, U14 - 1,5 minutes, U16 and U18 – 2 minutes and Adults 18+ - 3 minutes.

6. **KATA (FORMS) in HP categories** will have 2 rounds of kata judged by score boards, 4 best athletes will compete in third round for medals. NOTE: If number of athletes will be equal or less than 5 athletes, there will be no third round.

In first round all athletes will use red belt, in second round they will use blue belt, and will use red belt again for third round if that round will happen.

Recreational categories rules are based on simple elimination type of competition (with flags) and criteria of decision are similar to World Karate Federation (WKF) criteria

of decision for kata. To read about those criteria in detail please consult WKF rules of competition mentioned above.

7. On the process side we use like Japanese Kata Kids tournaments custom (only in case of time restrain). Two competitors perform kata same time, one has red belt (or red small belt attached to main belt) (AKA) another one has blue one (AO). At the start of each bout and in answer to their names, the two contestants will line up at the match area perimeter facing the Chief Kata Judge. Following a bow to the Judging Panel and then to each other, they will clearly name the kata and proceed to execution. After both competitors finish their performance, they come back to their initial place and judges express their votes by raising appropriate colored flag (red or blue). The decision is for AKA or AO. No ties are permitted. The competitor, who receives the majority of votes, is declared the winner. At the end of each bout the competitors bow to each other, then to the Judging Panel, and leave the area. **In medals bouts complete WKF rules (with flags) might be used if time allows.**

Depending on the number of available judges and number of tatami (rings) in use, 3 or 5 judges system for Kata (forms) will be used.

8. **In all Novice categories (divisions)** the same kata can be repeated in all bouts, including finals. **In Intermediate categories** a repeat of the same kata is not allowed in consecutive bouts. That means athlete can repeat the same kata only if in previous round he performed different kata than the one intended for current bout (athletes need at least 2 (two) kata to compete in such category). **In all Advanced categories** the same kata cannot be repeated, unless number of performed kata exceeded 3 (three) kata. **In all HP Categories** complete WKF rules will be applied (Minimum requirement of 4 (four) kata, before kata can be repeated). Athletes should perform kata specific to their level category (KO approved list), otherwise it might be disqualified.

9. **NOTE:** Please read WKF rules and this document carefully and make sure you understand all the provisions. All the questions in regards with the tournament rules can be addressed by appointment only Monday to Friday from 5 pm till 8 pm and Saturday from 9 am till 11 am at Shindokan Canada dojo: back of the plaza, 2 Allaura Blvd Unit #4, Aurora, ON, L4G 3S5, <https://goo.gl/maps/oXVdfRxAAALghXRTV>

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Canadian Shai Karate Association

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At: La Liga Sports Complex

1107 Finch Ave W, North York, ON M3J 2P7 (about 650 meters west from Dufferin & Finch intersection)

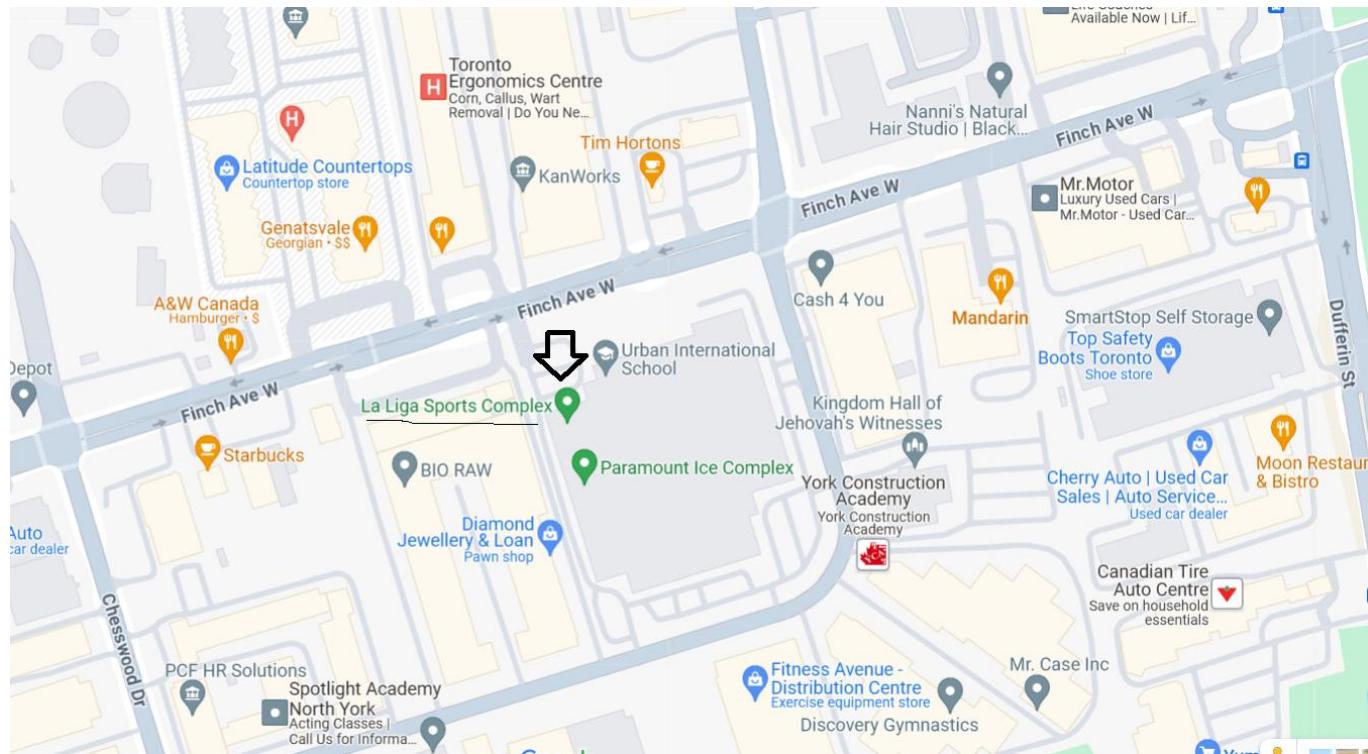
LOCATION

LA LIGA Sports Complex

1107 Finch Ave West, North York, Ontario, M3J 2P7

(About 650 meters west from Dufferin & Finch intersection). West side of Champagne Centre

<https://maps.app.goo.gl/5yZBpooXoRAm518CA> Free parking on site.



How to get there:

By TTC: you can take bus # 36 Finch West from Finch Subway Station and travel Westbound until Finch Ave West at Alness St stop 2582, cross the street and walk a bit westward; or Eastbound until 1111 Finch Ave West stop 3579 and walk a bit eastward. Also, you can get there by bus # 105A or 104 from Sheppard West subway station and travel Northbound until Dufferin St at Finch Ave West stop 7183 or Southbound until Dufferin St at Finch Ave West South Side stop 12176. You will have to walk westward to destination.

By Car: From [Highway 401](#) take exit to Allen Rd North and continue on Allen Rd, continue onto Dufferin St, turn left on Finch Ave West, travel around 650 meters, destination will be on the left. From [Highway 407](#), take exit Dufferin Rd South, make right turn on Finch Ave West, travel around 650 meters, destination will be on the left.

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Canadian Shuai Karate Association

SCHEDULE

**Please make sure to arrive at the venue minimum 30 minutes ahead before your event begins.
Every participant usually needs to warm up before the performing.**

No on-site registration will be available for this event.

NOTE: The Schedule Program is approximate one and always depends on actual number of participants – there could be a possibility of some delays. The only thing we can guarantee that we will not start declared categories earlier than published final timetable.

Please do not be late to the beginning of your category. We will not be able to revert the event back.

IMPORTANT: Final categories, draws and if possible approximate timetable will be published on website <https://yorkcentrekarate.com/nyot/> not later than **Thursday, March 26, 2026, 11.00 pm, last change in the draws can be made only by Friday, March 27, 2026, 10.00 pm (no changes can be made after that time or onsite).**

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CATEGORIES (DIVISIONS)

IMPORTANT: Category will tend to be created only if will have 4 and more participants enrolled in that category.

NOTE: We will try to accommodate as much as we can all participants. In event of less than 4 participants enrolled we will try to create combined categories there possible, in that process we will use for selection judging following criteria: age, level of competence and general common sense. In event of such category modification, we will announce Dojo instructor as soon as possible. To facilitate that process please submit all the applications on time.

The tables below are for approximate guideline; the final categories, draws and if possible with timetable will be published on website <https://yorkcentrekarate.com/nyot/> (and as a document on SportData) no later than Thursday, March 26, 2026, 11.00 pm, last change in the draws can be made only by Friday, March 27, 2026, 10.00 pm (*no changes can be made after that time or onsite*).

<u>REC KATA</u>					
1	Girls up to 5	15	Intermediate Girls 8 to 9	29	Advanced Girls 12 to 13
2	Boys up to 5	16	Intermediate Boys 8 to 9	30	Advanced Boys 12 to 13
3	Girls 6 to 7	17	Intermediate Girls 10 to 11	31	Advanced Girls 14 to 15
4	Boys 6 to 7	18	Intermediate Boys 10 to 11	32	Advanced Boys 14 to 15
5	Novice Girls 8 to 9	19	Intermediate Girls 12 to 13	33	Advanced Girls 16 to 17
6	Novice Boys 8 to 9	20	Intermediate Boys 12 to 13	34	Advanced Boys 16 to 17
7	Novice Girls 10 to 11	21	Intermediate Girls 14 to 15	35	Advanced Women 18+
8	Novice Boys 10 to 11	22	Intermediate Boys 14 to 15	36	Advanced Men 18+
9	Novice Girls 12 to 13	23	Intermediate Girls 16 to 17	37	Masters Women 40+
10	Novice Boys 12 to 13	24	Intermediate Boys 16 to 17	38	Masters Men 40+
11	Novice Girls 14 to 15	25	Intro Women (Novice + Intermediate) 18+		
12	Novice Boys 14 to 15	26	Intro Men (Novice + Intermediate) 18+		
13	Novice Girls 16 to 17	27	Advanced Girls 10 to 11		
14	Novice Boys 16 to 17	28	Advanced Boys 10 to 11		

<u>REC KUMITE</u>					
39	Girls up to 5	53	Intermediate Girls 8 to 9	67	Advanced Girls 12 to 13
40	Boys up to 5	54	Intermediate Boys 8 to 9	68	Advanced Boys 12 to 13
41	Girls 6 to 7	55	Intermediate Girls 10 to 11	69	Advanced Girls 14 to 15
42	Boys 6 to 7	56	Intermediate Boys 10 to 11	70	Advanced Boys 14 to 15
43	Novice Girls 8 to 9	57	Intermediate Girls 12 to 13	71	Advanced Girls 16 to 17
44	Novice Boys 8 to 9	58	Intermediate Boys 12 to 13	72	Advanced Boys 16 to 17
45	Novice Girls 10 to 11	59	Intermediate Girls 14 to 15	73	Advanced Women 18+
46	Novice Boys 10 to 11	60	Intermediate Boys 14 to 15	74	Advanced Men 18+
47	Novice Girls 12 to 13	61	Intermediate Girls 16 to 17	75	Masters Women 40+
48	Novice Boys 12 to 13	62	Intermediate Boys 16 to 17	76	Masters Men 40+
49	Novice Girls 14 to 15	63	Intro Women (Novice + Intermediate) 18+		
50	Novice Boys 14 to 15	64	Intro Men (Novice + Intermediate) 18+		
51	Novice Girls 16 to 17	65	Advanced Girls 10 to 11		
52	Novice Boys 16 to 17	66	Advanced Boys 10 to 11		

<u>HP</u>					
77	HP Kata Kids Girls 10 to 11	96	HP Kumite Youth Boys 12 to 13 -50 kg	115	HP Kumite Junior Girls 16 to 17 -66 kg
78	HP Kata Kids Boys 10 to 11	97	HP Kumite Youth Boys 12 to 13 -55 kg	116	HP Kumite Junior Girls 16 to 17 +66 kg
79	HP Kumite Kids Girls 10 to 11 -30 kg	98	HP Kumite Youth Boys 12 to 13 +55 kg	117	HP Kumite Junior Boys 16 to 17 -55 kg
80	HP Kumite Kids Girls 10 to 11 -35 kg	99	HP Kata Cadet Girls 14 to 15	118	HP Kumite Junior Boys 16 to 17 -61 kg
81	HP Kumite Kids Girls 10 to 11 -40 kg	100	HP Kata Cadet Boys 14 to 15	119	HP Kumite Junior Boys 16 to 17 -68 kg
82	HP Kumite Kids Girls 10 to 11 +40 kg	101	HP Kumite Cadet Girls 14 to 15 -47 kg	120	HP Kumite Junior Boys 16 to 17 -76 kg
83	HP Kumite Kids Boys 10 to 11 -30 kg	102	HP Kumite Cadet Girls 14 to 15 -54 kg	121	HP Kumite Junior Boys 16 to 17 +76 kg
84	HP Kumite Kids Boys 10 to 11 -35 kg	103	HP Kumite Cadet Girls 14 to 15 -61 kg	122	HP Kata Women 18+
85	HP Kumite Kids Boys 10 to 11 -40 kg	104	HP Kumite Cadet Girls 14 to 15 +61 kg	123	HP Kata Men 18+
86	HP Kumite Kids Boys 10 to 11 -45 kg	105	HP Kumite Cadet Boys 14 to 15 -52 kg	124	HP Kumite Women 18+ -50 kg
87	HP Kumite Kids Boys 10 to 11 +45 kg	106	HP Kumite Cadet Boys 14 to 15 -57 kg	125	HP Kumite Women 18+ -55 kg
88	HP Kata Youth Girls 12 to 13	107	HP Kumite Cadet Boys 14 to 15 -63 kg	126	HP Kumite Women 18+ -61 kg
89	HP Kata Youth Boys 12 to 13	108	HP Kumite Cadet Boys 14 to 15 -70 kg	127	HP Kumite Women 18+ -68 kg
90	HP Kumite Youth Girls 12 to 13 -42 kg	109	HP Kumite Cadet Boys 14 to 15 +70 kg	128	HP Kumite Women 18+ +68 kg
91	HP Kumite Youth Girls 12 to 13 -47 kg	110	HP Kata Junior Girls 16 to 17	129	HP Kumite Men 18+ -60 kg
92	HP Kumite Youth Girls 12 to 13 -52 kg	111	HP Kata Junior Boys 16 to 17	130	HP Kumite Men 18+ -67 kg
93	HP Kumite Youth Girls 12 to 13 +52 kg	112	HP Kumite Junior Girls 16 to 17 -48 kg	131	HP Kumite Men 18+ -75 kg
94	HP Kumite Youth Boys 12 to 13 -40 kg	113	HP Kumite Junior Girls 16 to 17 -53 kg	132	HP Kumite Men 18+ -84 kg
95	HP Kumite Youth Boys 12 to 13 -45 kg	114	HP Kumite Junior Girls 16 to 17 -59 kg	133	HP Kumite Men 18+ +84 kg

<u>PARA</u>				
134	Para Kata - Female and Male Intellectually Impaired 4 to 15	135	Para Kata - Female and Male Intellectually Impaired 16+	

Recreational Novice (white to orange belt or 10 to 7 kyu, 0 – 2 Years of practice), **Recreational Intermediate** (green to purple belt, 6 to 4 kyu, 2 - 4 Years of practice), **Recreational Advanced** (brown to black belts, 3 kyu and up, more than 4 Years of practice) and **HP** (High Performance, highest level of preparation and experience in respective category (minimum 3 years of practice for Kumite and 4 years of practice for Kata or ranked top 16 in province or state associations)).

NOTE: The participation in HP and Recreational division of the same type is not allowed, the only exception is if athletes participate in HP Kata division and want to participate in Advanced or Intermediate Kumite instead, or other way HP Kumite and Advance or Intermediate Kata, that can be allowed.

